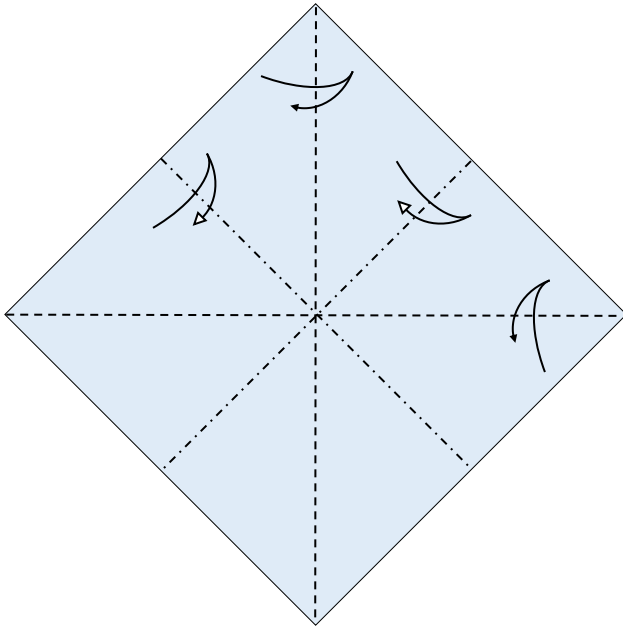
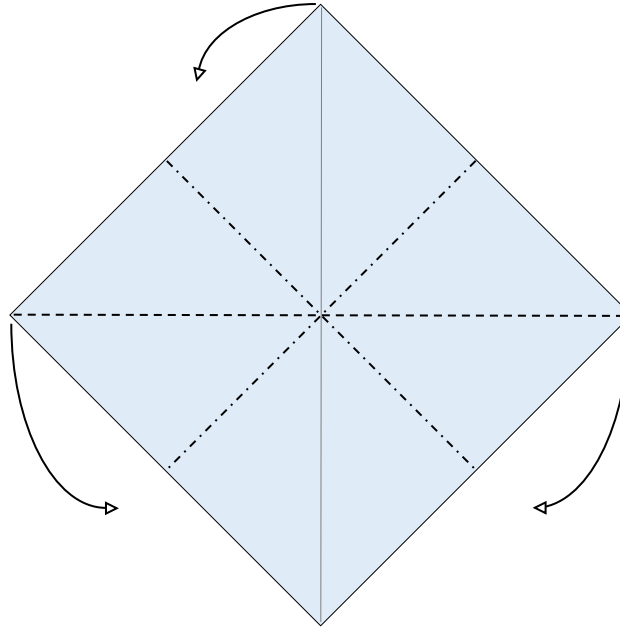


Origami Meditator

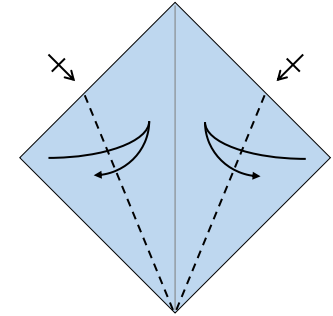
by Toby Hazel 2020



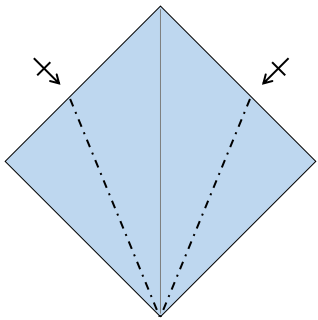
1. Fold and unfold in half to make four creases - valleys folds corner-to-corner and mountain folds side-to-side.



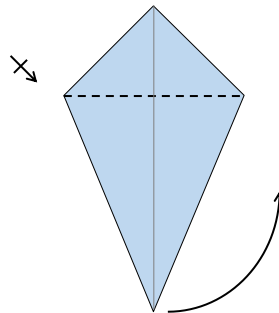
2. Fold the horizontal, vertical and one of the diagonal creases to form a preliminary base.



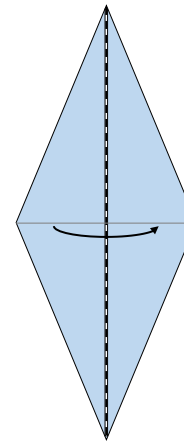
3. Fold left and right corners into the centre and unfold. Repeat behind.



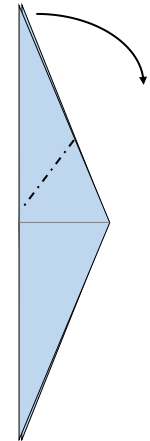
4. Reverse fold the four corners along the creases.



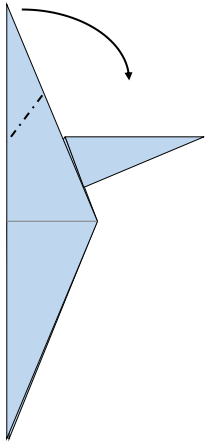
5. Fold the bottom triangle up (repeat behind) to form a bird base.



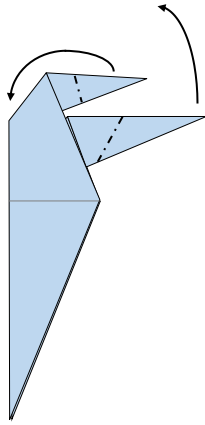
6. Fold in half, left to right.



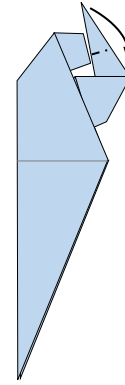
7. Reverse fold the inner layer forwards.



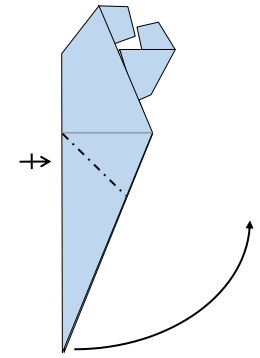
8. Reverse fold the upper point forwards.



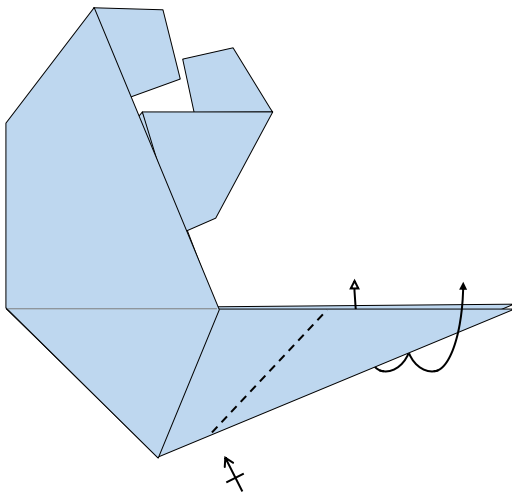
9. Reverse fold the upper point into the model. Reverse fold the middle point upwards.



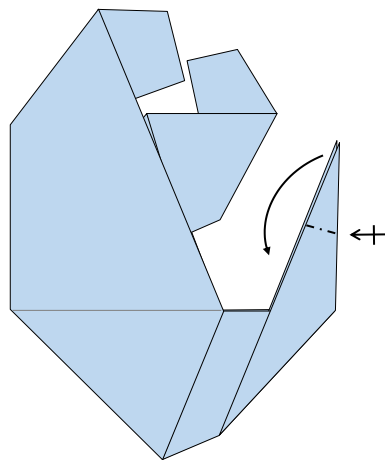
10. Reverse fold the middle point into the model.



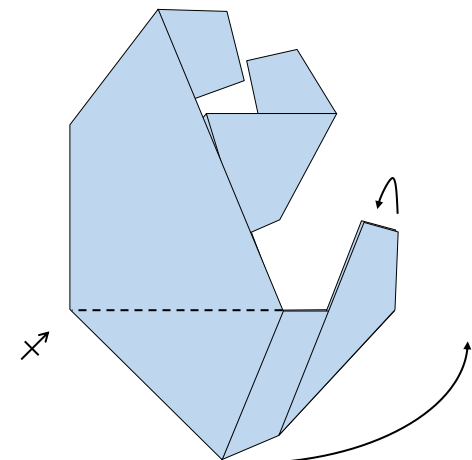
11. Reverse fold both bottom points all the way to the right.



12. Outside reverse fold the bottom points upwards.



13. Reverse fold the bottom points into the model.



14. Fold the two 'legs' outwards 90° and feed one 'foot' inside the other.

